

ISU Junior World Cup Speed Skating № 2 - Enschede



TRAINING SCHEDULE

REVISED 1

19-nov-19
version 4.0

Day	Date	From	Untill	Activity	Remarks	
Wednesday	20-nov	14:15	15:15	Ice Training teams B	Full expense for Members	warming-up in Ice Rink Twente
		ice preparation (15 min)			Pay @ ice rink Twente at pay desk	
		15:30	16:30	Ice Training teams A	price p.p. 7,50 EUR - pay @ Ice Rink Twente	
					transport requests send to OC	
Thursday	21-nov	14:15	15:15	Ice Training teams A	Full expense for Members	warming-up in Ice Rink Twente
		ice preparation (15 min)			Pay @ ice rink Twente at pay desk	
		15:30	16:30	Ice Training teams B	price p.p. 7,50 EUR - pay @ Ice Rink Twente	
					transport requests send to OC	
		17:00	22:00		<i>National Marathon - Day 1 Trachitol Trophy</i>	
Friday	22-nov	11:00	12:30	Official ISU Training teams B	trial starts	warming-up in Ice Rink Twente
		15:00	16:30	Official ISU Training teams A	trial starts	
Saturday	23-nov	08:00	08:35	Warming-up	Only participants 1000m	dry warming-up in Expo Twente venue
		ice preparation				
		09:00		Start morning competition		
		11:45	12:20	Warming-up	Only participants 3000m & TS	
		ice preparation			Lunch in Expo Twente venue 11:30 - 14:00	
		12:45		Start afternoon competition		
18:15	19:15	Ice Training	All competitors			
Sunday	24-nov	08:00	08:35	Warming-up	Only participants 500m	dry warming-up in Expo Twente venue
		ice preparation				
		09:00		Start morning competition		
		11:25	12:00	Warming-up	Only participants 1500 & MS	
		ice preparation			Lunch in Expo Twente venue 11:30 - 14:00	
12:25		Start afternoon competition				
Monday	25-nov				<i>Travel day / departures</i>	

Scheme under reservation

Teams training session A:	Teams training session B:
AUT, BEL, CHN, CZE, DEN, ESP, EST, FIN, FRA, HUN, IRL, ITA, KAZ, POL, RUS, SWE	BLR, CAN, COL, GBR, GER, JPN, KOR, MGL, NED, NOR, ROU, SUI, TPE, USA

Dry Warming-up during competition days

Dry Warming-up area in Expo Twente venue (other side of the parking), see venue map.

Last minute warming-up:

No bicycles allowed on infield, there are limited number of spinning bikes on infield;
Other warming-up on infield in designated zone;

Hosted by:



Venue:



Local sponsors/suppliers:

